

Women's Mission Statement

It is NLCC's objective to increase the number of women and girls who participate in cycling and also to invest in our women ride leads/coaches.

NLCC Women's Group started following feedback from women who wanted to enjoy cycling in a safe environment and be around like-minded women.

Consequently, the women-only rides were put in place to offer a supportive and empowering platform for women and girls from all parts of the community to come together to learn new skills, build on confidence and to network.

This included bike maintenance workshops that have been provided via practical workshops as well as bike handling skills to enable women to ride safely and proficiently on the road, such as learning how to ride in a group, fueling and hydrating on the go and understanding the basics of your bike.

As the women's group has evolved, we have sought to build and develop relationships between our participants, as seen via our social gatherings, and most recently our Girls Trip abroad announcement.

We encourage our women ride leaders/coaches to expand on their knowledge by enrolling them into suitable courses as well as encouraging them to work with experienced coaches in the community.

The sheer success of these women-only rides speaks for itself, alongside us being an integral part of NLCC as Together Everyone Achieves More.

We come together to empower, spread awareness, support and share knowledge.

