

# **Preface**

#### Our mission

To be an inclusive cycling club, primarily welcoming people from diverse backgrounds who may have previously felt excluded from cycling, We seek to provide our members, irrespective of their previous experience, the opportunity to gain knowledge, skills, and confidence in all aspects of cycling with 'No Limit'.

To work in collaboration with other cycling clubs to achieve common goals.

To create a positive platform for all and to connect communities.

To promote a safe, friendly, social atmosphere and environment in which our members can build friendships and network with cyclists of diverse backgrounds and experiences.

Our aim is to create a fun environment that has no limitations where anything is possible.

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#### 1 Name of Club

The club will be called *No Limit Cycling Club* (Hereinafter will be referred to as The Club), and may also be known as *NLCC*.

### 2 Aims and Objectives

The aims of the club will be:

- To be an inclusive cycling club welcoming people, primarily from diverse backgrounds, giving our members, irrespective of their experience the opportunity to gain knowledge, skills, and confidence in all aspects of cycling with 'No Limit'.
- To work in collaboration with other cycling clubs to achieve common goals.
- To create a positive platform for all and to connect communities.
- To promote a safe, friendly, social atmosphere and environment in which our members can build friendships and network with cyclists of diverse backgrounds and experiences, within safe parameters.

#### The objectives of the club will be:

- To promote the club within the local community and cycling
- To ensure a duty of care to all members of the club
- To provide all its services in a way that is fair to everyone
- Acquire equipment, coaching, training facilities, transport, and related facilities/items;
- Provide coaching, training, social and other club or cycling related activities;
- Take out any insurance for the Club, the Committee and any purposes relevant to the running of the Club;
- Raise funds including by appeals, fees, grants or loans;
- Deposit or invest funds in a lawful manner;
- Employ and or engage persons to provide services for the proper pursuit of the purposes of the Club;
- Co-operate with or affiliate with regulatory bodies, other clubs, voluntary organisations and or statutory organisations involved with the sport of cycling as we deem appropriate
- Amend the Club structure including incorporating it; and
- Do all other things considered reasonably necessary by a majority of the Committee to advance the Club's purposes.

#### 3 Membership

- (a) Membership of the club is open to those who are interested in promoting, coaching, volunteering or participating in *cycling*, irrespective of sex, age, disability, ethnicity, nationality, sexual orientation, religion, or other beliefs.
- (b) All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of practice that the club has adopted.

- (c) Individuals shall not be eligible to take part in the business of the Club, vote at general meetings or be eligible for selection of any Club team unless it is agreed by the Club Committee.
- (d) Individuals must sign up to become a member on an annual basis. They must sign to agree that they will adhere to The Club's Code of Conduct and Constitution, The Committee may refuse membership or remove it without notice. This may include reasons such as conduct or character likely to bring the Club or cycling into disrepute including but not limited to failure to adhere to the Sports Equity section of the Constitution.
- (e) The Committee reserves the right to refuse membership. There is no right of appeal in this instance.
- (f) Members may resign from being members of the Club at any time by sending an email to <a href="mailto:nolimitldncc@gmail.com">nolimitldncc@gmail.com</a>
- (g) Members are also expected to ride at least 6 rides with us before they are accepted as a member and/or included in the relevant WhatsApp group chat. The 6 rides may include where a member joins a trip or a skills session where a number of rides are included as part of the package. Members may be removed from The Club if the Committee deems that they are not active participants of the Club. There is no right of appeal in this instance.

### 4 Sports Equity

(a) This Club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:

Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

- (b) The Club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- (c) The Club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- (d) All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.

(e) The Club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

#### 5 Diversity & Discrimination

- (a) No Limit Cycling Club is dedicated to encouraging a supportive and inclusive culture amongst all members. It is in our best interest to promote diversity and prevent discrimination in the club. Our aim is to ensure that all members and potential members are given equal opportunities and that our club is representative of all sections of society. Each member will be respected and valued and able to enjoy riding with the club as a result.
- (b) We are opposed to all forms of unlawful and unfair discrimination. All members will be treated fairly and with respect. When inducting new members it will be on the basis of their readiness to accept the rules and customs of the club.
- (c) This policy reinforces our commitment to providing equality and fairness to all in our activities and not provide less favourable treatment on the grounds of age, disability, pregnancy and maternity, race, ethnic origin, colour, nationality, national origin, religion or belief, sex, sexual orientation, gender reassignment, gender identity, marriage and civil partnership, the protected characteristics under the Equality Act (2010).

#### We are committed:

- To create an environment in which individual differences and the contributions of all members are recognised and valued and that promotes dignity and respect for every member.
- To promote equality, which NLCC believes is good practice and makes good sense for the furtherance of the club.
- Not to tolerate any form of intimidation, bullying, or harassment, and to discipline
  those that breach this policy. We encourage anyone who feels they have been
  subject to discrimination to raise their concerns so we can apply corrective
  measures. Non-compliance with this policy may be considered as a matter for the
  Committee to consider under Section 9.2 of the club's constitution.
- To review regularly all our practices and procedures so that fairness is maintained at all times and we will inform all members that an equality and diversity policy is in operation and that they are obligated to comply with its requirements and promote fairness in the workplace.
- The equality and diversity policy is fully supported by the committee and has been agreed with club members. Our policy will be monitored and reviewed annually to ensure that equality and diversity are continually promoted in the club.
- If you would like to know more, or have any discrimination or diversity related issues that you would like to discuss in confidence, please send an email to <a href="mailto:nolimitldncc@gmail.com">nolimitldncc@gmail.com</a> or one of the clubs Ride Captains. All correspondence will be treated with the utmost discretion.

#### 6 Safeguarding

This is detailed in our safeguarding policy document

#### 7 Committee

- (a) The affairs of the Club shall be conducted by the Committee.
- (b) All committee members must be members of the Club.
- (c) If required, the committee shall elect a Vice Chair from among its members.
- (d) If the post of any officer or ordinary committee member should fall vacant after such an election, the Executive Committee shall have the power to fill the vacancy until further notice.
- (e) The Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the club.
- (f) The Committee will have powers to appoint any advisers to the Committee as necessary to fulfil its business.
- (g) The Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution. The Committee will be responsible for taking any action of suspension or discipline following such hearings.
- (h) The committee meetings will be convened by any committee member of the Club and be held no less than 12 times per year.
- (i) Only the committee members will have the right to vote at committee meetings.
- (j) The quorum required for business to be agreed at Management Committee meetings will be 60%.

#### 7 Finances

- (a) The club treasurer will be responsible for the finances of the club.
- (b) The financial year of the club will run from 1st of April and end on 31st of March.
- (c) All club monies will be banked in an account held in the name of the club.
- (d) A statement of annual accounts will be presented by the treasurer to the committee.
- (e) Any cheques drawn against club funds should hold the signatures of the treasurer plus up to one other committee member.

## 8 Discipline and appeals

- (a) All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the club's child protection policy and procedures. The Club Welfare Officer is the lead contact for all members in the event of any child protection concerns.
- (b) All complaints regarding the behaviour of members should be presented and submitted in writing to nolimitIdncc@gmail.com.
- (c) The Management Committee will endeavour to meet to hear complaints within 7 days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership.
- (d) The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 28 days of the hearing.
- (e) There will be the right of appeal to the Management Committee following disciplinary action being announced. The committee should consider the appeal within 28 days of the committee receiving the appeal. Some decisions may be final, without recourse to appeal. Individuals will be notified in this event.

#### 9 Dissolution

- (a) A resolution to dissolve the club can only be passed at a committee meeting through a majority vote of the membership.
- (b) In the event of dissolution, all debts should be cleared with any clubs funds. Any assets of the club that remain following this will become the property of a nominated organisation selected and agreed on by the members of the committee.

#### 10 Declaration

No Limit Cycling Club hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.

Name	Caroline Wilson	Position	Women's Lead/Events Manager
Sign		Date	22/03/2024

Name	Rhoma Erekpaine	Position	Treasurer
Sign		Date	22/03/2024